

## Age-Friendly Communities in Ontario

### Overview

The [Interactive Maps](#) provided by the Ontario Age-Friendly Communities Outreach Program highlight initiatives across Ontario based on the World Health Organization's eight domains of community life. Some of their features include that they:

- Are updated regularly
- Share promising practices
- Enable collaboration between communities

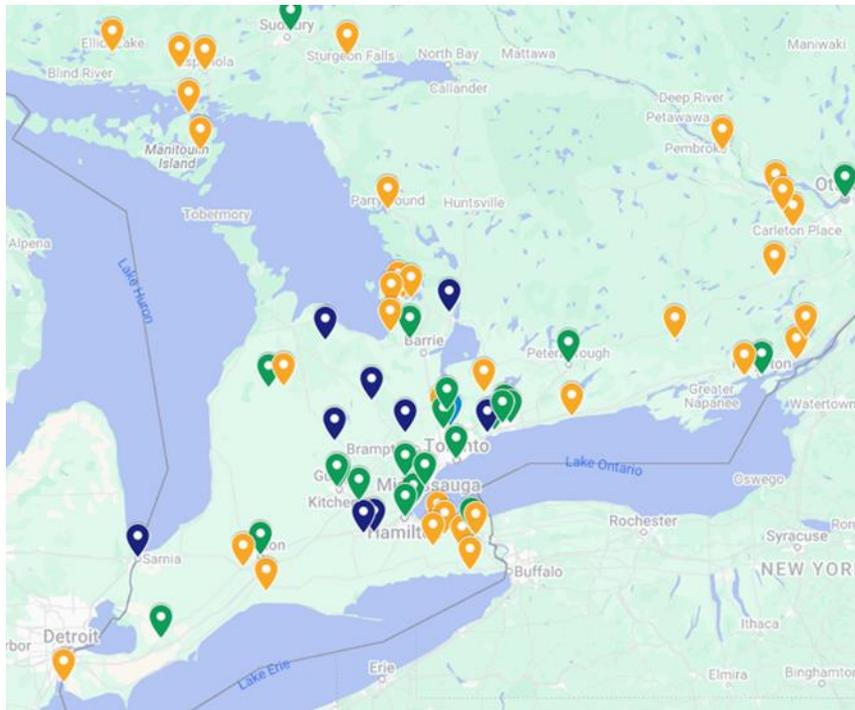


Figure 1 Map of Age-Friendly Communities in Ontario by size

### Legend – Community Size

Each community is identified with a colour-coded pin based on population:

- Yellow – Small Urban/Rural: < 29,999
- Purple – Medium: 30,000–99,999
- Green – Large: > 100,000

## Active Age-Friendly Communities by Region

### East Ontario

- Arnprior (Town)
- Cornwall (City)
- Gananoque (Town)
- Kingston (City)
- Leeds & The Thousand Islands (Township)
- Ottawa (City, Council on Aging)
- Pakenham (Village)
- Peterborough, Curve Lake, Hiawatha First Nations (City & County)
- Port Hope (Municipality)
- South Glengarry (Township)
- Tay Valley (Township)
- Tweed (Municipality)
- Whitewater Region (Township)

### Central Ontario

- Ajax
- Barrie
- Durham Region
- King
- Oakville
- Orillia
- Oshawa
- Penetanguishene
- Pickering
- Richmond Hill
- Simcoe County
- Tiny
- Toronto
- Uxbridge
- Vaughan
- Wasaga Beach
- Whitby

### Southwest Ontario

- Brant
- Brantford
- Burlington

- Caledon
- Cambridge
- Chatham-Kent
- Dufferin
- Elgin St. Thomas
- Guelph
- Halton
- Hamilton
- Hanover
- Kitchener
- Lincoln
- London
- Middlesex Centre
- Niagara Network
- Pelham
- Port Colborne
- Sarnia
- St. Catharines
- Thorold
- Waterloo
- Welland
- West Lincoln

#### **Northern Ontario**

- Assiginack
- Elliot Lake
- Greater Sudbury
- Kenora
- Kirkland Lake
- North Bay
- Northeastern Manitoulin and the Islands
- Parry Sound
- Red Lake
- Sables-Spanish Rivers
- St.-Charles
- Temiskaming Shores
- Thunder Bay
- Wawa